



# RCR Class Schedule May 2024



| <p><b>Sundays</b><br/>in San Francisco<br/>at MNC (362 Capp St.)</p>  | <p><b>Mondays</b><br/>in Oakland at Brooklyn Basin<br/>9th Ave Terminal (288 9th Ave)</p> | <p><b>Fridays</b><br/>in San Francisco<br/>*7:30 classes at ODC (351 Shotwell)</p>                               |
|---|---|--|
| <b>5/5</b>  | <b>5/6</b>  | <b>5/3 (MNC - 362 Capp St)</b>   |
| <p><u>1:30pm</u> Level 1-B/D (Ryan),<br/>Level 3-D (Sidney)</p>   | <p><u>6:00pm</u> Level 1-A/C (Ryan),<br/>Level 3-A (Or)</p>                               | <p><u>6:00pm</u> Level 1-B/D (Nathan)<br/>L3-B (Kevin), L4-B (Ryan)</p>  |
| <p><u>2:30pm</u> Level 2-D (Ryan),<br/>Level 4 (Sidney)</p>   | <p><u>7:15pm</u> Level 2-B (Kevin),<br/>L3-B (Or), L4-B (Ryan)</p>                        | <p><u>7:15pm</u> Level 2-C (Tim),<br/>L3-C (Bret), Level 4-C (Ryan)<br/><u>7:30pm*</u> Level 1-A/C (Kevin)</p>   |
| <b>5/12</b>   | <b>5/13</b>   | <b>5/10 (MNC - 362 Capp St)</b>  |
| <p><u>1:30pm</u> Level 1-A/C (Ryan),<br/>Level 3-A (Sidney)</p>   | <p><u>6:00pm</u> Level 1-B/D (Ryan),<br/>Level 3-B (Or)</p>                               | <p><u>6:00pm</u> Level 1-A/C (Nathan),<br/>L3-C (Tim), L4-C (Ryan)</p>   |
| <p><u>2:30pm</u> Level 2-A (Ryan),<br/>Level 4 (Sidney)</p>   | <p><u>7:15pm</u> Level 2-C (Ryan),<br/>L3-C (Bret), Level 4 (Or)</p>                      | <p><u>7:15pm</u> Level 2-D (José),<br/>L3-D (Nathan), L4-D (Ryan)<br/><u>7:30pm*</u> Level 1-B/D (Leo)</p>       |
| <b>5/19</b>   | <b>5/20</b>   | <b>5/17 (Mars Bar - 798 Brannan)</b>   |
| <p><u>1pm Afro Cuban with Susana</u><br/><u>1:30pm</u> Level 1-B/D (Ryan)</p>                                     | <p><u>6:00pm</u> Level 1-A/C (Ryan),<br/>Level 3-C (Or)</p>                               | <p><u>6:00pm</u> Level 1-B/D (Ryan),<br/>L3-D (Or), L4 (Sidney)</p>  |
| <p><u>2:30pm</u> Level 2-B (Ryan),<br/>Level 4 (Sidney)</p>   | <p><u>7:15pm</u> Level 2-D (TBD),<br/>L3-D (Or), L4-D (Ryan)</p>                          | <p><u>7:15pm</u> Level 2-A (Or),<br/>L3-A (Sidney), L4-A (Ryan)<br/><u>7:30pm*</u> Level 1-A/C (Leo)</p>         |
| <b>5/26</b>   | <b>5/27</b>   | <b>5/24 (MNC - 362 Capp St)</b>  |
| <p><u>All Day: San Francisco<br/>Carnaval Parade<br/>&amp; Salsa After Party<br/>(No RCR Classes on 5/26)</u></p> | <p><u>6:00pm</u> Level 1-B/D (Ryan),<br/>Level 3-D (TBD)</p>                              | <p><u>6:00pm</u> Level 1-A/C (Nathan),<br/>L3-A (Shashwat), L4-A (Ryan)</p>                                      |
|   | <p><u>7:15pm</u> Level 2-A (TBD),<br/>L3-A (TBD), L4-A (Ryan)</p>                         | <p><u>7:15pm</u> Level 2-B (Bret),<br/>L3-B (Leo), L4-B (Ryan)<br/><u>7:30pm*</u> Level 1-B/D (Tim)</p>          |
|   |   | <b>5/31 (MNC - 362 Capp St)</b>  |
|   |   | <p><u>6:00pm</u> Level 1-B/D (Ryan)<br/>L3-B (Shashwat), L4 (Sidney)</p>   |
|   |   | <p><u>7:15pm</u> Level 2-C (Nathan),<br/>L3-C (Sidney), L4-C (Ryan)<br/><u>7:30pm*</u> Level 1-A/C (Chi-Chi)</p> |



# Cuban Salsa & Rueda de Casino 2024 CURRICULUM



| Level 1 - A/C  | Level 1 - B/D   |
|--|---|
| <input type="checkbox"/> P'al medio <input type="checkbox"/> Básico <input type="checkbox"/> Lleva abajo<br><input type="checkbox"/> Exhibe <input type="checkbox"/> Caminamos (abajo / arriba)<br><input type="checkbox"/> Tarro <input type="checkbox"/> Dile que no <input type="checkbox"/> Guapea | <input type="checkbox"/> Guapea <input type="checkbox"/> P'al centro <input type="checkbox"/> Pasa con las manos<br><input type="checkbox"/> Dile que no <input type="checkbox"/> Dame <input type="checkbox"/> Fly<br><input type="checkbox"/> Enchufa y dile que no |

| Level 2-A  | Level 2-B  | Level 2-C   | Level 2-D  |
|--|--|---|--|
| <input type="checkbox"/> Enchufa (y dame)<br><input type="checkbox"/> Ench. doble <input type="checkbox"/> Candado<br><input type="checkbox"/> Kentucky <input type="checkbox"/> Pa ti pa mí<br><input type="checkbox"/> Ni pa ti ni pa mí | <input type="checkbox"/> Enchufa con 1, 2, 3<br><input type="checkbox"/> (Adiós a la) prima<br><input type="checkbox"/> Prima con la hermana<br><input type="checkbox"/> Familia <input type="checkbox"/> Festival | <input type="checkbox"/> Rodeo ( <input type="checkbox"/> doble)<br><input type="checkbox"/> Dame otra <input type="checkbox"/> Dame dos<br><input type="checkbox"/> Pasea <input type="checkbox"/> La cruz<br><input type="checkbox"/> Echevarría <input type="checkbox"/> Ping-pong | <input type="checkbox"/> Traslado <input type="checkbox"/> Vuelta<br><input type="checkbox"/> Sencillo<br><input type="checkbox"/> Setenta (70)<br><input type="checkbox"/> Cadeneta <input type="checkbox"/> Foto |

| Level 3-A   | Level 3-B   | Level 3-C   | Level 3-D   |
|---|---|---|---|
| <input type="checkbox"/> Vacila ( <input type="checkbox"/> con la mano)<br><input type="checkbox"/> Vacíense los dos<br><input type="checkbox"/> Medio sombrero<br><input type="checkbox"/> Por debajo del brazo<br><input type="checkbox"/> (Dame) Directo | <input type="checkbox"/> Sombrero ( <input type="checkbox"/> mambo)<br><input type="checkbox"/> Ola<br><input type="checkbox"/> Dedo<br><input type="checkbox"/> Montaña<br><input type="checkbox"/> (Bota) Pa trás | <input type="checkbox"/> Peina<br><input type="checkbox"/> Enrosca<br><input type="checkbox"/> Setenta y uno (71)<br><input type="checkbox"/> Coca-cola<br><input type="checkbox"/> Dame arriba | <input type="checkbox"/> 70/Sencillo (rotating)<br><input type="checkbox"/> Doble cero (00)<br><input type="checkbox"/> Setenta y tres (73)<br><input type="checkbox"/> Botella <input type="checkbox"/> Tapa<br><input type="checkbox"/> Patín |

| Level 4-A  | Level 4-B  | Level 4-C   | Level 4-D  |
|--|--|---|--|
| <input type="checkbox"/> Vac. y cástate( <input type="checkbox"/> comp.)<br><input type="checkbox"/> Registra<br><input type="checkbox"/> Siete(7) <input type="checkbox"/> Catorce(14)<br><input type="checkbox"/> Sombrero francés<br><input type="checkbox"/> Enchufa con vuelta<br><input type="checkbox"/> Cuatro | <input type="checkbox"/> Ola complicada<br><input type="checkbox"/> Bayamo ( <input type="checkbox"/> complicado)<br><input type="checkbox"/> Tornillo<br><input type="checkbox"/> Abanico ( <input type="checkbox"/> complicado)<br><input type="checkbox"/> Derecha<br><input type="checkbox"/> Tresillo | <input type="checkbox"/> 71 complicado<br><input type="checkbox"/> Sombrero complicado<br><input type="checkbox"/> Paséa y complicate<br><input type="checkbox"/> Sabrosura<br><input type="checkbox"/> Paseo cubano<br><input type="checkbox"/> Ponche | <input type="checkbox"/> 70 comp. ( <input type="checkbox"/> caminando)<br><input type="checkbox"/> 70 nuevo ( <input type="checkbox"/> unisex)<br><input type="checkbox"/> 70 corona ( <input type="checkbox"/> comp.)<br><input type="checkbox"/> Izquierda<br><input type="checkbox"/> Saloneo<br><input type="checkbox"/> Marcha |

**Fridays & Sundays in SF - Mondays in Oakland**

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**Cuba Dance Trips**

[www.RuedaConRitmo.com/cuba-trips](http://www.RuedaConRitmo.com/cuba-trips)